

27. Mitternachtslauf
11. Juni 2011 - Kröv/Mosel

Ergebnisliste Lauf der Junggebliebenen - 9400 m

Ergebnislisten seit 1998 auch im Internet unter www.mitternachtslauf-kroev.de

| Name | Verein | StNr | Jg | Klasse | Zeit | Kl. | m/w | Ges. |
|--------------------|-------------------------|------|------|--------|-------|-----|-----|------|
| Vandeputte, Eddy | Malmedy | 995 | 1971 | M40 | 29:31 | 1 | 1 | 1 |
| Riefer, Markus | SSC Hanau-Rodenbach | 1047 | 1966 | M45 | 31:44 | 1 | 2 | 2 |
| Linder, Sascha | SFD'75 Düsseldorf | 659 | 1967 | M40 | 32:34 | 2 | 3 | 3 |
| Jansen, Volker | LG Mützenich | 971 | 1970 | M40 | 32:49 | 3 | 4 | 4 |
| Cools, Stefaan | vabco mol | 36 | 1967 | M40 | 33:23 | 4 | 5 | 5 |
| Roth, Jörg | LG Bernkastel-Wittlich | 629 | 1970 | M40 | 33:49 | 5 | 6 | 6 |
| Rüth, Eckhard | LG Rhein-Wied | 929 | 1966 | M45 | 34:25 | 2 | 7 | 7 |
| Klein, Stefan | LSG Schmelz-Hüttersdorf | 101 | 1963 | M45 | 34:52 | 3 | 8 | 8 |
| Schwaab, Michael | LG Bernkastel-Wittlich | 631 | 1964 | M45 | 35:08 | 4 | 9 | 9 |
| Paulus, Walter | TV Hermeskeil | 954 | 1961 | M50 | 35:15 | 1 | 10 | 10 |
| Libitowski, Paul | St. Andreasberg | 614 | 1959 | M50 | 35:20 | 2 | 11 | 11 |
| Günther, Peter | VfR Unterbruch LG | 549 | 1960 | M50 | 35:43 | 3 | 12 | 12 |
| Kohl, Stefan | SV Dreis | 1033 | 1968 | M40 | 35:47 | 6 | 13 | 13 |
| Gerhard, Jochen | LG Bernkastel-Wittlich | 632 | 1968 | M40 | 35:48 | 7 | 14 | 14 |
| Winkens, Karsten | VfR Unterbruch LG | 551 | 1970 | M40 | 35:49 | 8 | 15 | 15 |
| Ege, Martin | SV Altrich | 43 | 1954 | M55 | 35:50 | 1 | 16 | 16 |
| Reitz, Uwe | RSC Wittlich | 1064 | 1959 | M50 | 35:56 | 4 | 17 | 17 |
| Leinen, Hans-Josef | SE Orenhofen | 120 | 195 | M60 | 36:0 | 1 | 18 | 18 |

| Name | Verein | StNr | Jg | Klasse | Zeit | Kl. | m/w | Ges. |
|----------------------|---------------------------------|------|------|--------|-------|-----|-----|------|
| | | | 0 | | 0 | | | |
| Rech, Sabine | LT LiLule | 1073 | 1968 | W40 | 36:09 | 1 | 1 | 19 |
| Astalosch, Rano | GSV Wuppertal | 201 | 1964 | M45 | 36:15 | 5 | 19 | 20 |
| Cassaert, Robin | DJK Irrel | 12 | 1970 | M40 | 36:18 | 9 | 20 | 21 |
| Schäfer, Detlef | TV Bitburg | 284 | 1963 | M45 | 37:01 | 6 | 21 | 22 |
| Reuter, Markus | Erdinger Alkoholfrei | 277 | 1968 | M40 | 37:02 | 10 | 22 | 23 |
| Stapf, Jürgen | TV Igstadt | 1020 | 1958 | M50 | 37:03 | 5 | 23 | 24 |
| Zimmer, Elmar | Tri-Post-Trier | 977 | 1968 | M40 | 37:09 | 11 | 24 | 25 |
| Storr, Wilhelm | Hunsrück-Marathon e.V. | 682 | 1954 | M55 | 37:11 | 2 | 25 | 26 |
| Gotto, Robert | HSC Gamlen-RSC Untermosel | 59 | 1957 | M50 | 37:47 | 6 | 26 | 27 |
| Krämer, Toni | VfB Ahabach | 1001 | 1956 | M55 | 37:49 | 3 | 27 | 28 |
| Göbel, Winfried | Laufgruppe Landeskronen Görlitz | 1039 | 1956 | M55 | 38:02 | 4 | 28 | 29 |
| Wilde, Udo | LC Wuppertal | 304 | 1956 | M55 | 38:04 | 5 | 29 | 30 |
| Klink, Karl-Peter | PSV Wengerohr | 910 | 1964 | M45 | 38:10 | 7 | 30 | 31 |
| Scheibelhut, Thomas | DJK Irrel | 355 | 1958 | M50 | 38:12 | 7 | 31 | 32 |
| Hammann, Theo | SV Wintrich | 69 | 1954 | M55 | 38:14 | 6 | 32 | 33 |
| Schubart, Manfred | LC Michelstadt | 950 | 1960 | M50 | 38:18 | 8 | 33 | 34 |
| Müller, Michael | ASC Weißbachtal e.V., Wilnsdorf | 766 | 1967 | M40 | 38:21 | 12 | 34 | 35 |
| Leonardy, Guido | LG Pronsfeld-Lünebach | 154 | 1971 | M40 | 38:27 | 13 | 35 | 36 |
| Flesch, Claudia | Lauftreff Mertesdorf | 598 | 1970 | W40 | 38:30 | 2 | 2 | 37 |
| Knoth, Günter | Tusem Essen | 340 | 1957 | M50 | 38:30 | 9 | 36 | 38 |
| Gorges, Klaus-Dieter | LLG Wustweiler | 443 | 196 | M50 | 38:3 | 10 | 37 | 39 |

| Name | Verein | StNr | Jg | Klasse | Zeit | Kl. | m/w | Ges. |
|----------------------------|--------------------------------|------|------|--------|-------|-----|-----|------|
| | | | 0 | | 2 | | | |
| Hammel, Christian | Kröv | 232 | 1967 | M40 | 38:37 | 14 | 38 | 40 |
| Neukirch, Reinhold | Altrich | 1090 | 1955 | M55 | 38:59 | 7 | 39 | 41 |
| Kirsch, Alfred | VfR Unterbruch LG | 552 | 1960 | M50 | 39:03 | 11 | 40 | 42 |
| Dr. Weber, Thorsten | Knöpfchen Bonn | 183 | 1971 | M40 | 39:08 | 15 | 41 | 43 |
| Hoffmann, Jürgen | LSG Schmelz-Hüttersdorf | 79 | 1953 | M55 | 39:10 | 8 | 42 | 44 |
| Eckert, Hubertus | LTF Marpingen | 992 | 1964 | M45 | 39:19 | 8 | 43 | 45 |
| Koller, Edgar | DJK Hasborn | 252 | 1952 | M55 | 39:20 | 9 | 44 | 46 |
| Einig, Guido | LG Maifeld-Pellenz | 1045 | 1970 | M40 | 39:22 | 16 | 45 | 47 |
| Haas, Marion | TuS Platten | 623 | 1963 | W45 | 39:24 | 1 | 3 | 48 |
| Hees, Jürgen | Ev. Jugendzentrum Altenkirchen | 743 | 1954 | M55 | 39:25 | 10 | 46 | 49 |
| Mohr, Theo | Ev. Jugendzentrum Altenkirchen | 526 | 1960 | M50 | 39:26 | 12 | 47 | 50 |
| Neukirch, Peter | SV Dreis | 1034 | 1968 | M40 | 39:28 | 17 | 48 | 51 |
| Poschinski, Olaf | SG Zons | 449 | 1965 | M45 | 39:34 | 9 | 49 | 52 |
| Hermes, Stefan | LG Maifeld-Pellenz | 1046 | 1968 | M40 | 39:35 | 18 | 50 | 53 |
| Kickertz-Fußmann, Matthias | LTSC Bleialf | 1040 | 1960 | M50 | 39:49 | 13 | 51 | 54 |
| Knauf, Josef | SC Bleialf | 104 | 1955 | M55 | 39:50 | 11 | 52 | 55 |
| Thome, Norbert | Spiridon Hochwald | 173 | 1965 | M45 | 39:52 | 10 | 53 | 56 |
| Kopp, Gerhard | LSG Schmelz-Hüttersdorf | 106 | 1955 | M55 | 39:56 | 12 | 54 | 57 |
| Heß, Richard | Deutsche Post Renten Service | 239 | 1962 | M45 | 40:00 | 11 | 55 | 58 |
| Kallisch, Thomas | the-B-Site Baumholder | 993 | 1966 | M45 | 40:01 | 12 | 56 | 59 |
| Becker, Heinrich | LLG Wustweiler | 442 | 196 | M50 | 40:0 | 14 | 57 | 60 |

| Name | Verein | StNr | Jg | Klasse | Zeit | Kl. | m/w | Ges. |
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| | | | 1 | | 2 | | | |
| Kirsch, Friedbert | VfR Unterbruch LG | 553 | 1970 | M40 | 40:02 | 19 | 58 | 61 |
| Heiseler, Gerd | SV Wittlich | 234 | 1952 | M55 | 40:04 | 13 | 59 | 62 |
| Schoenberg, Siegfried | LC Wuppertal | 290 | 1966 | M45 | 40:06 | 13 | 60 | 63 |
| Schäfer, Peter | LT TuS Platten | 153 | 1962 | M45 | 40:10 | 14 | 61 | 64 |
| Dernerth, Marcus | futterkonzept Bergisch Gladbach | 987 | 1971 | M40 | 40:12 | 20 | 62 | 65 |
| Ernst, Roland | LC Olympia Wiesbaden | 52 | 1959 | M50 | 40:18 | 15 | 63 | 66 |
| Klinkhammer, Peter | LT Lampertsmännchen | 103 | 1964 | M45 | 40:23 | 15 | 64 | 67 |
| Erschens, Georg | Bergziegen HoBuBe | 639 | 1966 | M45 | 40:25 | 16 | 65 | 68 |
| Cerpentier, Marc | Geel Belgien | 832 | 1963 | M45 | 40:29 | 17 | 66 | 69 |
| Waluga, Jan | Rennschnecken Siefersheim | 374 | 1957 | M50 | 40:36 | 16 | 67 | 70 |
| Franken, Bernward | Rennschnecken Siefersheim | 387 | 1962 | M45 | 40:37 | 18 | 68 | 71 |
| Friedel, Markus | VfB Ahabach | 224 | 1959 | M50 | 40:47 | 17 | 69 | 72 |
| Deußen, Peter | SFD'75 Düsseldorf | 645 | 1967 | M40 | 40:52 | 21 | 70 | 73 |
| Ple, Paul | LT Untermosel | 141 | 1963 | M45 | 40:59 | 19 | 71 | 74 |
| Schüller, Werner | Mühlheim-Kärlich | 1042 | 1965 | M45 | 41:06 | 20 | 72 | 75 |
| Wilde, Dagmar | LC Wuppertal | 303 | 1963 | W45 | 41:08 | 2 | 4 | 76 |
| Habscheid, Guido | Sparkasse Eifel Mosel Hunsrück | 64 | 1963 | M45 | 41:15 | 21 | 73 | 77 |
| Brittinger, Jörg | TSV Bullay-Alf | 1010 | 1961 | M50 | 41:17 | 18 | 74 | 78 |
| Lemmens, Werner | DJK Irrel | 354 | 1970 | M40 | 41:21 | 22 | 75 | 79 |
| Dr. Adler, Burkhard | Dauerlaufschule Köln | 198 | 1953 | M55 | 41:32 | 14 | 76 | 80 |
| Pfeiffer, Volker | Idarer TV | 947 | 195 | M55 | 41:3 | 15 | 77 | 81 |

| Name | Verein | StNr | Jg | Klasse | Zeit | Kl. | m/w | Ges. |
|------------------------|--|------|------|--------|-------|-----|-----|------|
| | | | 4 | | 3 | | | |
| Klinkenberg, Friedrich | SV Germania Dürwiß | 337 | 1945 | M65 | 41:34 | 1 | 78 | 82 |
| Thome, Gisela | Spiridon Hochwald | 172 | 1969 | W40 | 41:46 | 3 | 5 | 83 |
| Wolf, Sabine | St. Andreasberg | 621 | 1966 | W45 | 41:52 | 3 | 6 | 84 |
| Willms, Claas | Marinefliegergeschwader 3. Graf Zeppelin | 1077 | 1970 | M40 | 41:55 | 23 | 79 | 85 |
| Staudt, Alwine | TV Hermeskeil | 168 | 1959 | W50 | 41:57 | 1 | 7 | 86 |
| Richmann, Wolfgang | LG Mülheim | 837 | 1950 | M60 | 41:58 | 2 | 80 | 87 |
| Wegmann, Elisabeth | LLG Drei Buchen | 184 | 1962 | W45 | 41:59 | 4 | 8 | 88 |
| Michels, Heinz | Spiridon Hochwald | 130 | 1948 | M60 | 42:01 | 3 | 81 | 89 |
| Bender, Dietmar | Schweich | 1068 | 1961 | M50 | 42:03 | 19 | 82 | 90 |
| Mohr, Silvia | Ev. Jugendzentrum Altenkirchen | 525 | 1964 | W45 | 42:08 | 5 | 9 | 91 |
| Gotthardt, Peter | ASC Weißbachtal e.V., Wilnsdorf | 770 | 1968 | M40 | 42:13 | 24 | 83 | 92 |
| Scharbatke, Veronika | LC Wuppertal | 156 | 1950 | W60 | 42:14 | 1 | 10 | 93 |
| Mann, Hans | Rennschnecken Siefersheim | 370 | 1953 | M55 | 42:17 | 16 | 84 | 94 |
| Gieraths, Hans-Peter | LT SV Westum | 1086 | 1962 | M45 | 42:23 | 22 | 85 | 95 |
| Görgen, Thomas | Bretzenheim | 1065 | 1966 | M45 | 42:28 | 23 | 86 | 96 |
| Bauer, Christian | Zell | 1066 | 1967 | M40 | 42:29 | 25 | 87 | 97 |
| Stürtz, Marie-Luise | SFD'75 Düsseldorf | 673 | 1951 | W60 | 42:30 | 2 | 11 | 98 |
| Seifert, Ralf | Gazelle Pforzheim | 281 | 1965 | M45 | 42:44 | 24 | 88 | 99 |
| Zielke, Britta | SG Erno Bremen e.V. | 531 | 1968 | W40 | 42:49 | 4 | 12 | 100 |
| Müller, Roland | SG Erno Bremen e.V. | 534 | 1961 | M50 | 42:52 | 20 | 89 | 101 |
| Reichardt, Mathias | SV Pädagogik | 883 | 195 | M50 | 42:5 | 21 | 90 | 102 |

| Name | Verein | StNr | Jg | Klasse | Zeit | Kl. | m/w | Ges. |
|-----------------------|------------------------------------|------|------|--------|-------|-----|-----|------|
| | | | 7 | | 3 | | | |
| Wilhelm, Harald | Köln | 305 | 1958 | M50 | 42:54 | 22 | 91 | 103 |
| Rübsamen, Volker | ASC Weißbachtal e.V., Wilnsdorf | 762 | 1960 | M50 | 42:56 | 23 | 92 | 104 |
| Fleischer, Wolfgang | LC Duisburg | 220 | 1968 | M40 | 42:59 | 26 | 93 | 105 |
| Rosiepen, Dieter | Bernkastel-Kues | 1063 | 1950 | M60 | 43:07 | 4 | 94 | 106 |
| Krüger, Rainer | LC Wuppertal | 254 | 1962 | M45 | 43:08 | 25 | 95 | 107 |
| Poloschek, Heike | Hunsrück-Marathon e.V. | 683 | 1967 | W40 | 43:17 | 5 | 13 | 108 |
| Schweter, Andreas | DPAG Rentenservice | 291 | 1967 | M40 | 43:23 | 27 | 96 | 109 |
| Mathei, Ralf | LT TuS Mondorf | 734 | 1966 | M45 | 43:27 | 26 | 97 | 110 |
| Rupprecht, Axel | SG Zons | 451 | 1969 | M40 | 43:33 | 28 | 98 | 111 |
| Schmitz, Gerhard | FFW Bremm | 969 | 1963 | M45 | 43:40 | 27 | 99 | 112 |
| Baum, Viktor | LT Heimbach-Weis | 15 | 1958 | M50 | 43:40 | 24 | 100 | 113 |
| Bohr, Birgit | Spiridon Hochwald | 23 | 1959 | W50 | 43:46 | 2 | 14 | 114 |
| Möllmann, Werner | Kötterichen | 1011 | 1966 | M45 | 43:48 | 28 | 101 | 115 |
| Jardzejewski, Michael | SV Kell am See | 611 | 1967 | M40 | 43:50 | 29 | 102 | 116 |
| Müllen, Dieter | TV Kröv | 1009 | 1961 | M50 | 43:52 | 25 | 103 | 117 |
| Franzen, Rudolf | FFw Ediger-Eller | 223 | 1954 | M55 | 43:52 | 17 | 104 | 118 |
| Marten, Eberhard | Peronaeus Steinberg | 820 | 1955 | M55 | 43:53 | 18 | 105 | 119 |
| Jalosa, Irina | vereinslos | 1069 | 1966 | W45 | 43:54 | 6 | 15 | 120 |
| Koch, Wilhelm | Laufmasche Köln | 536 | 1962 | M45 | 43:56 | 29 | 106 | 121 |
| Tillmann, Olaf | VfL Traben-Trarbach | 174 | 1962 | M45 | 44:02 | 30 | 107 | 122 |
| Mulle, Norbert | LT Schweich | 108 | 195 | M55 | 44:0 | 19 | 108 | 123 |

| Name | Verein | StNr | Jg | Klasse | Zeit | Kl. | m/w | Ges. |
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| | | 8 | 6 | | 8 | | | |
| Weber, Wilfried | SV Weidenbach | 1029 | 1962 | M45 | 44:10 | 31 | 109 | 124 |
| Wesche, Roland | LT Untermosel | 188 | 1957 | M50 | 44:16 | 26 | 110 | 125 |
| Schmidt, Karl-Heinz | BSG Sparkasse Mittelmosel | 1032 | 1950 | M60 | 44:18 | 5 | 111 | 126 |
| Schellberg, Horst-Günther | x-sport Kastellaun | 356 | 1955 | M55 | 44:19 | 20 | 112 | 127 |
| Diewald, Frank | Üdersdorf | 211 | 1970 | M40 | 44:21 | 30 | 113 | 128 |
| Hümpfer, Walter | LC Wuppertal | 90 | 1959 | M50 | 44:26 | 27 | 114 | 129 |
| Düring, Jürgen | SG Zons | 864 | 1963 | M45 | 44:29 | 32 | 115 | 130 |
| Schetter, Alfons | Handbremse-Kröv | 157 | 1963 | M45 | 44:32 | 33 | 116 | 131 |
| Dahlem, Claudia | LT Hetzerath | 1056 | 1964 | W45 | 44:34 | 7 | 16 | 132 |
| Göltzer, Heinz | LT Schweich | 57 | 1955 | M55 | 44:35 | 21 | 117 | 133 |
| Stephan, Frank | LT Untermosel | 395 | 1967 | M40 | 44:41 | 31 | 118 | 134 |
| Horn, Matthias | Bergziegen HoBuBe | 636 | 1965 | M45 | 44:46 | 34 | 119 | 135 |
| Kühnel, Ralf | Pulheim | 255 | 1964 | M45 | 44:47 | 35 | 120 | 136 |
| Eersels, Patrick | Runners Kortessen | 899 | 1961 | M50 | 44:48 | 28 | 121 | 137 |
| Raab, Rudolf | Gemmerich | 145 | 1951 | M60 | 44:50 | 6 | 122 | 138 |
| Gellissen, Karl-Heinz | marathonteam-online | 225 | 1955 | M55 | 44:53 | 22 | 123 | 139 |
| Reinhard, Alexander | Idar-Oberstein | 997 | 1969 | M40 | 44:53 | 32 | 124 | 140 |
| Totzke, Dagmar | SG Zons | 454 | 1964 | W45 | 44:54 | 8 | 17 | 141 |
| Esch, Bernd | Wittlicher Turnverein | 54 | 1964 | M45 | 44:57 | 36 | 125 | 142 |
| Horn, Winfried | Vulkanläufer | 437 | 1960 | M50 | 44:59 | 29 | 126 | 143 |
| Dietzen, Petra | Vulkanläufer | 438 | 196 | W45 | 44:5 | 9 | 18 | 144 |

| Name | Verein | StNr | Jg | Klasse | Zeit | Kl. | m/w | Ges. |
|------------------------|------------------------------|------|------|--------|-------|-----|-----|------|
| | | | 5 | | 9 | | | |
| Balmer, Jörg | SG Zons | 863 | 1961 | M50 | 45:14 | 30 | 127 | 145 |
| Wünsche, Frank | VfR Unterbruch LG | 550 | 1959 | M50 | 45:16 | 31 | 128 | 146 |
| Detzel, Waldemar | Idar-Oberstein | 998 | 1969 | M40 | 45:23 | 33 | 129 | 147 |
| Pauly, Gabi | Deutsche Post Renten Service | 273 | 1967 | W40 | 45:23 | 6 | 19 | 148 |
| Keil, Norbert | SG Neuhäusel | 1028 | 1953 | M55 | 45:25 | 23 | 130 | 149 |
| Gysbers, Ferdi | Musikzug Hassum | 229 | 1955 | M55 | 45:28 | 24 | 131 | 150 |
| Keht, Oliver | Lauftreff Morsbach | 808 | 1970 | M40 | 45:37 | 34 | 132 | 151 |
| Mayr, Jörg | TUS Mechernich | 829 | 1966 | M45 | 45:40 | 37 | 133 | 152 |
| Verbeke, Jan | Sigirun | 177 | 1957 | M50 | 45:40 | 32 | 134 | 153 |
| Bareuther, Günter | SV Viktoria Goch | 930 | 1943 | M65 | 45:40 | 2 | 135 | 154 |
| Steiner, Wolfgang | LG HSC Gamken-RSC Untermosel | 1084 | 1963 | M45 | 45:43 | 38 | 136 | 155 |
| Hastenrath, Paul-Josef | Dauerlaufschule Köln | 782 | 1956 | M55 | 45:44 | 25 | 137 | 156 |
| Hannawald, Guido | Gerolstein | 538 | 1969 | M40 | 45:45 | 35 | 138 | 157 |
| Booß, Rochus | Rennschnecken Siefersheim | 377 | 1967 | M40 | 45:46 | 36 | 139 | 158 |
| Nienhaus, Hermann | Lauftreff Vreden | 136 | 1953 | M55 | 45:48 | 26 | 140 | 159 |
| Paul, Wolfgang | Sirona sports-club | 272 | 1965 | M45 | 45:49 | 39 | 141 | 160 |
| Herrmann, Karl-Heinz | Master CuricoChile | 238 | 1953 | M55 | 45:52 | 27 | 142 | 161 |
| Bär, Liese | LLG Wustweiler | 439 | 1966 | W45 | 45:53 | 10 | 20 | 162 |
| Rothhausen, Michael | ASV LT Kemperdick | 780 | 1957 | M50 | 45:56 | 33 | 143 | 163 |
| Bohnes, Annette | LC Wuppertal | 204 | 1968 | W40 | 45:56 | 7 | 21 | 164 |
| Wagner, Reiner | LLG Wustweiler | 444 | 195 | M55 | 45:5 | 28 | 144 | 165 |

| Name | Verein | StNr | Jg | Klasse | Zeit | Kl. | m/w | Ges. |
|-----------------------|--------------------------------|------|------|--------|-------|-----|-----|------|
| | | | 4 | | 7 | | | |
| Huber, Andreas | SV Dreis | 1035 | 1965 | M45 | 45:58 | 40 | 145 | 166 |
| Condne, Leo | Fix Wie Nix Wittlich | 1036 | 1949 | M60 | 46:04 | 7 | 146 | 167 |
| Van Geetruy, Philippe | Sigirun | 301 | 1966 | M45 | 46:08 | 41 | 147 | 168 |
| Hubbeling, Norbert | Lauftreff Vreden | 243 | 1952 | M55 | 46:12 | 29 | 148 | 169 |
| Ehses, Walter | TV Rachtig | 1100 | 1956 | M55 | 46:25 | 30 | 149 | 170 |
| Lenartz, Wolfgang | SV Mosella Mesenich | 1026 | 1967 | M40 | 46:29 | 37 | 150 | 171 |
| Hoffmann, Michael | Sparkasse Eifel Mosel Hunsrück | 80 | 1963 | M45 | 46:29 | 42 | 151 | 172 |
| Heber, Dieter | SV Weidenbach | 1030 | 1955 | M55 | 46:31 | 31 | 152 | 173 |
| Allmacher, Birgit | TuS Bengel | 328 | 1963 | W45 | 46:33 | 11 | 22 | 174 |
| Thull, Christoph | Trier | 296 | 1968 | M40 | 46:34 | 38 | 153 | 175 |
| Sauer, Kurt | LG Klausen | 149 | 1957 | M50 | 46:37 | 34 | 154 | 176 |
| Janssen, Rainhaid | Knustrunner | 1018 | 1954 | M55 | 46:47 | 32 | 155 | 177 |
| Kloep, Hans-Georg | Wittlich | 612 | 1966 | M45 | 46:51 | 43 | 156 | 178 |
| Muckel, Doris | DJK Westwacht 08 Aachen | 736 | 1957 | W50 | 46:55 | 3 | 23 | 179 |
| Stolz, Dieter | LC Duisburg | 397 | 1965 | M45 | 46:57 | 44 | 157 | 180 |
| Wawer, Cornelia | VfB Ahabach | 180 | 1964 | W45 | 47:13 | 12 | 24 | 181 |
| Wawer, Karlheinz | VfB Ahabach | 181 | 1963 | M45 | 47:14 | 45 | 158 | 182 |
| Fischer, Katinka | LC Olympia Wiesbaden | 904 | 1963 | W45 | 47:17 | 13 | 25 | 183 |
| Tyrell, Clemens | LC Olympia Wiesbaden | 905 | 1954 | M55 | 47:18 | 33 | 159 | 184 |
| Ratering, Gisela | TV Vreden | 799 | 1956 | W55 | 47:19 | 1 | 26 | 185 |
| Kölsch, Werner | ASC Weißbachtal e.V., | 765 | 194 | M60 | 47:2 | 8 | 160 | 186 |

| Name | Verein | StNr | Jg | Klasse | Zeit | Kl. | m/w | Ges. |
|--------------------|---------------------------------|------|------|--------|-------|-----|-----|------|
| | Wilnsdorf | | 9 | | 1 | | | |
| Dorscheid, Gilbert | TV 1861 St. Wendel | 214 | 1938 | M70 | 47:24 | 1 | 161 | 187 |
| Hermann, Johannes | LSG Schmelz-Hüttersdorf | 76 | 1941 | M70 | 47:31 | 2 | 162 | 188 |
| Goldbach, Reiner | SG Zons | 448 | 1954 | M55 | 47:33 | 34 | 163 | 189 |
| Thönnies, Helmut | Running Team Winnies Flitzer | 1059 | 1956 | M55 | 47:35 | 35 | 164 | 190 |
| Uhren, Klaus | Feuerwehr Gerolstein | 300 | 1955 | M55 | 47:36 | 36 | 165 | 191 |
| Liesenfeld, Dieter | VfB Gondershausen | 1081 | 1960 | M50 | 47:44 | 35 | 166 | 192 |
| Mohnen, Arnold | TV Bitburg | 132 | 1951 | M60 | 47:45 | 9 | 167 | 193 |
| Johann, Dorothea | Marathonfieber Krumholz | 1067 | 1960 | M50 | 47:48 | 36 | 168 | 194 |
| Zöller, Dirk | ASC Weißbachtal e.V., Wilnsdorf | 741 | 1960 | M50 | 47:51 | 37 | 169 | 195 |
| Schnitzius, Alfred | TC Kröv | 990 | 1960 | M50 | 47:52 | 38 | 170 | 196 |
| Meuser, Cornelia | ASC Weißbachtal e.V., Wilnsdorf | 761 | 1956 | W55 | 47:55 | 2 | 27 | 197 |
| Frädrich, Frank | Deutsche Post Renten Service | 222 | 1960 | M50 | 47:57 | 39 | 171 | 198 |
| Ulrich, Martin | Dingelstedt | 963 | 1956 | M55 | 48:01 | 37 | 172 | 199 |
| Köbrich, Nicole | LLG Wustweiler | 441 | 1966 | W45 | 48:15 | 14 | 28 | 200 |
| Schetter, Heidi | Handbremse-Kröv | 158 | 1969 | W40 | 48:24 | 8 | 29 | 201 |
| Laux, Michael | LG Rheinfront | 118 | 1968 | M40 | 48:27 | 39 | 173 | 202 |
| Ziemann, Frank | SG Erno Bremen e.V. | 533 | 1963 | M45 | 48:30 | 46 | 174 | 203 |
| Liebke, Ralf | Roetgen | 852 | 1956 | M55 | 48:32 | 38 | 175 | 204 |
| Schlägel, Heinz | FFW Bremm | 968 | 1958 | M50 | 48:35 | 40 | 176 | 205 |
| Müller, Nicola | Triathlon Team Ratingen 08 e.V. | 543 | 1968 | W40 | 48:36 | 9 | 30 | 206 |
| Rarek, Dietmar | Bottrop | 857 | 196 | M50 | 48:3 | 41 | 177 | 207 |

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|-----------------------|------------------------------------|------|------|--------|-------|-----|-----|------|
| | | | 1 | | 7 | | | |
| Muschkiet, Peter | LC Wuppertal | 914 | 1964 | M45 | 48:38 | 47 | 178 | 208 |
| Klein, Elisabeth | LT Wittlich | 733 | 1958 | W50 | 48:39 | 4 | 31 | 209 |
| Weiß, Martin | SG Erno Bremen e.V. | 530 | 1963 | M45 | 48:43 | 48 | 179 | 210 |
| Schneider, Joachim | DJK Irrel | 1021 | 1970 | M40 | 48:44 | 40 | 180 | 211 |
| Kölsch, Sigrun | ASC Weißbachtal e.V., Wilnsdorf | 764 | 1955 | W55 | 48:46 | 3 | 32 | 212 |
| Germeyer, Gerd | LSG Schmelz- Hüttersdorf | 56 | 1944 | M65 | 48:48 | 3 | 181 | 213 |
| Schultz, Ralf | Lauftreff KON-TIKI | 165 | 1961 | M50 | 48:49 | 42 | 182 | 214 |
| Kapp, Karin | tv Lebach | 95 | 1954 | W55 | 48:50 | 4 | 33 | 215 |
| Bauch, Bernd | ASC Düsseldorf | 1048 | 1966 | M45 | 48:52 | 49 | 183 | 216 |
| Grawinkel, Rosi | LC-Kalltal | 592 | 1942 | W65 | 48:55 | 1 | 34 | 217 |
| Papenberg, Dieter | x-sport Kastellaun | 357 | 1951 | M60 | 48:58 | 10 | 184 | 218 |
| Horn, Ullrich | SV Kell am See | 610 | 1949 | M60 | 49:00 | 11 | 185 | 219 |
| Peters, Peter | Deutsche Post Renten Service | 274 | 1968 | M40 | 49:01 | 41 | 186 | 220 |
| Raedler, Dieter | Team Zeppelin | 276 | 1954 | M55 | 49:07 | 39 | 187 | 221 |
| Deutschen, Peter | LG Langsur | 41 | 1955 | M55 | 49:25 | 40 | 188 | 222 |
| Grawinkel, Heinz | LC-Kalltal | 70 | 1941 | M70 | 49:27 | 3 | 189 | 223 |
| Schmidt, Klaus-Dieter | LT Schweich | 288 | 1950 | M60 | 49:29 | 12 | 190 | 224 |
| Roumans, Pierre | LG Pronsfeld-Lünebach | 279 | 1963 | M45 | 49:30 | 50 | 191 | 225 |
| Hümpfer, Cordula | LC Wuppertal | 89 | 1961 | W50 | 49:32 | 5 | 35 | 226 |
| Norf, Dieter | GSV Wuppertal | 269 | 1959 | M50 | 49:32 | 43 | 192 | 227 |
| Bohn, Heike | TUS Klotten | 22 | 196 | W45 | 49:3 | 15 | 36 | 228 |

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| | | | 6 | | 3 | | | |
| Wünsche, Dirk | Sieg grüßt Mosel - Eitorf | 823 | 1966 | M45 | 49:35 | 51 | 193 | 229 |
| Haag, Manuela | LLG Wustweiler | 440 | 1968 | W40 | 49:40 | 10 | 37 | 230 |
| Martin, Heidrun | TUS Königshofen | 258 | 1957 | W50 | 49:42 | 6 | 38 | 231 |
| Metzen, Martha | LG Pronsfeld-Lünebach | 1050 | 1954 | W55 | 49:46 | 5 | 39 | 232 |
| Nienhaus, Renate | TV Vreden | 798 | 1954 | W55 | 49:49 | 6 | 40 | 233 |
| Roth, Inge | LG Pronsfeld-Lünebach | 278 | 1958 | W50 | 49:55 | 7 | 41 | 234 |
| Kranich, Cornelia | ASV LT Kemperdick | 779 | 1969 | W40 | 50:06 | 11 | 42 | 235 |
| Breunung, Detlef | ASV LT Kemperdick | 781 | 1957 | M50 | 50:07 | 44 | 194 | 236 |
| Kahlstadt, Michael | Rennschnecken Siefersheim | 844 | 1961 | M50 | 50:26 | 45 | 195 | 237 |
| Reinert, Herbert | LTF Köllertal | 768 | 1948 | M60 | 50:31 | 13 | 196 | 238 |
| Jakobljevich, Katerina | LC Olympia Wiesbaden | 902 | 1964 | W45 | 50:33 | 16 | 43 | 239 |
| Cygon, Susann | VfR Unterbruch LG | 548 | 1968 | W40 | 50:34 | 12 | 44 | 240 |
| Haas, Axel | AR Sport Laufteam | 63 | 1951 | M60 | 50:39 | 14 | 197 | 241 |
| De Ruijter, Loes | Amsterdam | 210 | 1959 | M50 | 50:45 | 46 | 198 | 242 |
| Grewelding, Sigrid | Maring-Noviant | 843 | 1965 | W45 | 50:49 | 17 | 45 | 243 |
| Thies, Herbert | Quetschenberg Wittlich | 988 | 1970 | M40 | 50:49 | 42 | 199 | 244 |
| Math, Hubert | Lauftreff Boschach | 260 | 1959 | M50 | 50:52 | 47 | 200 | 245 |
| Woicke, Dieter | Niederkrüchten | 1041 | 1941 | M70 | 50:53 | 4 | 201 | 246 |
| Scharbatke, Kurt | LC Wuppertal | 155 | 1950 | M60 | 50:58 | 15 | 202 | 247 |
| Anz, Vera | Luxenburger Sport Mayen | 727 | 1965 | W45 | 50:59 | 18 | 46 | 248 |
| Anz, Wifried | Luxenburger Sport | 728 | 196 | M45 | 51:0 | 52 | 203 | 249 |

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| | Mayen | | 2 | | 0 | | | |
| Welz, Birgit | Laufmasche Köln | 535 | 1960 | W50 | 51:02 | 8 | 47 | 250 |
| Hauptenthal, Sybille | Lauftreff HFL | 1031 | 1962 | W45 | 51:02 | 19 | 48 | 251 |
| Zimmermann, Andrea | Honerath | 1061 | 1969 | W40 | 51:09 | 13 | 49 | 252 |
| Gyr, Manfred | Müsch/Ahr | 1062 | 1967 | M40 | 51:09 | 43 | 204 | 253 |
| Doll, Rita | LG Laacher See | 212 | 1969 | W40 | 51:11 | 14 | 50 | 254 |
| Seeling, Ralf | Nachrodt | 280 | 1963 | M45 | 51:13 | 53 | 205 | 255 |
| Piepenbrink, Ulrike | LC Olympia Wiesbaden | 906 | 1959 | W50 | 51:13 | 9 | 51 | 256 |
| Steinke, Ines | LC Duisburg | 292 | 1969 | W40 | 51:16 | 15 | 52 | 257 |
| Gerhards, Gertrud | Köln | 226 | 1962 | W45 | 51:17 | 20 | 53 | 258 |
| Sonntag, Andreas | Sieg begrüßt Mosel - Eitorf | 821 | 1962 | M45 | 51:28 | 54 | 206 | 259 |
| Berhard, Elke | Grünewaldläufer SV Lükem | 203 | 1966 | W45 | 51:30 | 21 | 54 | 260 |
| Kratz, Volker | Ellenz-Poltersdorf | 107 | 1959 | M50 | 51:33 | 48 | 207 | 261 |
| Hader, Maria | Germania Dürwiss | 879 | 1967 | W40 | 51:35 | 16 | 55 | 262 |
| Noll, Gerd | LT Phoenix Dudweiler | 793 | 1940 | M70 | 51:37 | 5 | 208 | 263 |
| Schlegel, Frank | Daun | 287 | 1958 | M50 | 51:38 | 49 | 209 | 264 |
| Kemmerling, Bernd | TV-Wiblingwerde 1912 | 246 | 1959 | M50 | 51:41 | 50 | 210 | 265 |
| Creutz, Marlene | SV Germania Dürwiß | 338 | 1954 | W55 | 51:43 | 7 | 56 | 266 |
| Bayer, Marie-Louise | TV Bad Bergzabern | 319 | 1946 | W65 | 51:47 | 2 | 57 | 267 |
| Waschbüsch, Roland | Spiridon Hochwald | 179 | 1964 | M45 | 51:48 | 55 | 211 | 268 |
| Verwohlt, Barbara | TV Vreden | 801 | 1958 | W50 | 51:49 | 10 | 58 | 269 |
| Ostendorf, Reinhard | TV Vreden | 800 | 195 | M55 | 51:4 | 41 | 212 | 270 |

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| | | | 2 | | 9 | | | |
| Gotthardt, Alexandra | ASC Weißbachtal e.V., Wilnsdorf | 769 | 196 9 | W40 | 51:5 0 | 17 | 59 | 271 |
| Plück, Heike | LC Duisburg | 143 | 195 8 | W50 | 51:5 2 | 11 | 60 | 272 |
| Müller, Elisabeth | ASC Weißbachtal e.V., Wilnsdorf | 767 | 196 7 | W40 | 51:5 3 | 18 | 61 | 273 |
| Bunjes, Kerstin | LC Duisburg | 33 | 196 5 | W45 | 51:5 5 | 22 | 62 | 274 |
| Schneider, Christel | LT Esch | 108 7 | 195 9 | W50 | 52:0 0 | 12 | 63 | 275 |
| Staudt, Edwin | TV Hermeskeil | 169 | 195 5 | M55 | 52:1 0 | 42 | 213 | 276 |
| Grosse, Jörg | TSV Büttel-Neuenlande v 1862 e.V. | 107 5 | 197 0 | M40 | 52:1 9 | 44 | 214 | 277 |
| Eidens, Birgit | Elsdorf | 45 | 197 1 | W40 | 52:2 1 | 19 | 64 | 278 |
| Eidens, Georg | Elsdorf | 46 | 196 1 | M50 | 52:2 2 | 51 | 215 | 279 |
| Prawassing, Erika | Adenau | 106 0 | 197 0 | W40 | 52:2 5 | 20 | 65 | 280 |
| Vogel, Manni | Laufmasche Köln | 537 | 195 5 | M55 | 52:3 2 | 43 | 216 | 281 |
| Leins, Wolfgang | Ev. Jugendzentrum Altenkirchen | 524 | 194 8 | M60 | 52:3 3 | 16 | 217 | 282 |
| Kiemen, Marlies | DJK Irrel | 97 | 195 0 | W60 | 52:4 0 | 3 | 66 | 283 |
| Ross, Irma | Schwäbische Laufente | 617 | 196 4 | W45 | 52:4 3 | 23 | 67 | 284 |
| Ruggenthaler, Elisabeth | SV Viktoria Holzfeld | 935 | 195 9 | W50 | 52:4 7 | 13 | 68 | 285 |
| Klas-Gundel, Irene | Spiridon Hochwald | 98 | 194 9 | W60 | 52:5 2 | 4 | 69 | 286 |
| Ernst, Friedrich | LLG Drei Buchen | 333 | 193 9 | M70 | 52:5 4 | 6 | 218 | 287 |
| Werner, Beate | SG Erno Bremen e.V. | 532 | 196 6 | W45 | 52:5 4 | 24 | 70 | 288 |
| De Ruijter, Evert | Amsterdam | 209 | 195 6 | M55 | 52:5 9 | 44 | 219 | 289 |
| Wilke, Heike | LT Alpenrod-Nistertal | 892 | 195 9 | W50 | 53:0 2 | 14 | 71 | 290 |
| Wilke, Andreas | LT Alpenrod-Nistertal | 893 | 195 | M50 | 53:0 | 52 | 220 | 291 |

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| | | | 8 | | 4 | | | |
| Mathei, Regina | LT TuS Mondorf | 735 | 1965 | W45 | 53:04 | 25 | 72 | 292 |
| Niehues, Daniela | Radiergummiliga | 267 | 1960 | W50 | 53:05 | 15 | 73 | 293 |
| Schu, Frank | Spiridon Hochwald | 1053 | 1967 | M40 | 53:13 | 45 | 221 | 294 |
| Zanger-Reuter, Heike | LT FSV Tarforst | 190 | 1966 | W45 | 53:13 | 26 | 74 | 295 |
| Horn, Hedwig | Trier | 609 | 1955 | W55 | 53:14 | 8 | 75 | 296 |
| Appenzeller, Hildegard | Vulkanläufer | 593 | 1959 | W50 | 53:18 | 16 | 76 | 297 |
| Leuther, Johann | LG Pronsfeld-Lünebach | 1054 | 1949 | M60 | 53:22 | 17 | 222 | 298 |
| Götte, Anna | PSV Brühl Triathlon Team | 601 | 1966 | W45 | 53:25 | 27 | 77 | 299 |
| Brosk, Hannelore | ASC Rosellen-Neuss | 34 | 1950 | W60 | 53:33 | 5 | 78 | 300 |
| Jarre, Nicole | Bergziegen HoBuBe | 640 | 1969 | W40 | 53:35 | 21 | 79 | 301 |
| Hierl, Reinhardt | TSV Schackenslegen LG"Hopfen" | 241 | 1945 | M65 | 53:37 | 4 | 223 | 302 |
| Schlösser, Thomas | Lauftreff FixWieNix Wittlich | 162 | 1967 | M40 | 53:43 | 46 | 224 | 303 |
| Jochum, Manfred | Sulzbach | 845 | 1946 | M65 | 53:48 | 5 | 225 | 304 |
| Götte, Olaf | PSV Brühl Triathlon Team "Eltern" | 58 | 1968 | M40 | 53:52 | 47 | 226 | 305 |
| Waldorf, Elisabeth | LG Laacher See | 178 | 1964 | W45 | 53:58 | 28 | 80 | 306 |
| Jahuz, Klaus | LG Laacher See | 1012 | 1949 | M60 | 53:59 | 18 | 227 | 307 |
| Lorenz, Christoph | Bonn | 257 | 1951 | M60 | 54:04 | 19 | 228 | 308 |
| Schinnen, Margit | Ellenz-Poltersdorf | 159 | 1960 | W50 | 54:05 | 17 | 81 | 309 |
| Pesch, Helmut | SV Germania Dürwiß | 334 | 1943 | M65 | 54:06 | 6 | 229 | 310 |
| Seibert, Roland | LT Untermosel | 812 | 1971 | M40 | 54:07 | 48 | 230 | 311 |
| Böhm, Manfred | TV Bad Bergzabern | 20 | 193 | M70 | 54:1 | 7 | 231 | 312 |

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| | | | 8 | | 9 | | | |
| Krieger, Burkhard | Lauftreff KON-TIKI | 108 | 1961 | M50 | 54:21 | 53 | 232 | 313 |
| Becker, Karin | SV Wallenborn | 1058 | 1959 | W50 | 54:22 | 18 | 82 | 314 |
| Weiland, Petra | Bonn | 1002 | 1968 | W40 | 54:23 | 22 | 83 | 315 |
| Philippi, Maria | Spiridon Hochwald | 139 | 1956 | W55 | 54:33 | 9 | 84 | 316 |
| Merz, Maria | Spiridon Hochwald | 128 | 1963 | W45 | 54:34 | 29 | 85 | 317 |
| Reichert, Wolfgang | Spiridon Hochwald | 1051 | 1951 | M60 | 54:35 | 20 | 233 | 318 |
| Bach, Heike | Morbach | 1016 | 1969 | W40 | 54:56 | 23 | 86 | 319 |
| Marx, Peter | Schmitten | 1015 | 1957 | M50 | 54:58 | 54 | 234 | 320 |
| Erschens, Anette | Bergziegen HoBuBe | 638 | 1965 | W45 | 54:59 | 30 | 87 | 321 |
| Steinmann, Susanne | LT Untermosel | 965 | 1964 | W45 | 55:07 | 31 | 88 | 322 |
| Popp, Viktor | Idar-Oberstein | 996 | 1937 | M70 | 55:42 | 8 | 235 | 323 |
| Krahe, Wolfgang | SV Germania Dürwiß | 336 | 1960 | M50 | 55:43 | 55 | 236 | 324 |
| Zieglmeyer, Andreas | VfL Bad Kreuznach | 193 | 1968 | M40 | 55:48 | 49 | 237 | 325 |
| Martin, Thomas | TUS Königshofen | 259 | 1957 | M50 | 55:51 | 56 | 238 | 326 |
| Rühlemann, Christiane | Triathlon Team Ratingen 08 e.V. | 544 | 1970 | W40 | 56:01 | 24 | 89 | 327 |
| Bogner, Heidi | RCTT Ruderclub Traben-Trarbach | 803 | 1961 | W50 | 56:03 | 19 | 90 | 328 |
| Jonas, Elisabeth | Kenn | 1057 | 1955 | W55 | 56:13 | 10 | 91 | 329 |
| Risse, Gabriele | RCTT Ruderclub Traben-Trarbach | 804 | 1958 | W50 | 56:23 | 20 | 92 | 330 |
| Roth, Petra | Bergziegen HoBuBe | 641 | 1962 | W45 | 56:26 | 32 | 93 | 331 |
| Zender, Melanie | Spiridon Hochwald | 192 | 1970 | W40 | 56:28 | 25 | 94 | 332 |
| Niehues, Marc | Radiergummiliga | 268 | 197 | M40 | 56:2 | 50 | 239 | 333 |

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| | | | 0 | | 9 | | | |
| Peschke, Claudia | SG Zons | 455 | 1959 | W50 | 56:29 | 21 | 95 | 333 |
| Elenz, Rainer | freier Läufer | 1082 | 1957 | M50 | 56:31 | 57 | 240 | 335 |
| Apel, Claudia | Bergziegen HoBuBe | 637 | 1971 | W40 | 56:38 | 26 | 96 | 336 |
| Hewitt, Sally | Wellingborough and District AC | 406 | 1953 | W55 | 56:45 | 11 | 97 | 337 |
| Bayes, Graham | Wellingborough and District AC | 405 | 1948 | M60 | 56:46 | 21 | 241 | 338 |
| Ottersbach, Christoph | Sieg grüßt Mosel - Eitorf | 826 | 1963 | M45 | 56:54 | 56 | 242 | 339 |
| Müller, Doris | Schwollen | 900 | 1959 | W50 | 57:01 | 22 | 98 | 340 |
| Müller, Manfred | Schwollen | 901 | 1951 | M60 | 57:02 | 22 | 243 | 341 |
| Hendle, Thomas | TV 1860 Nassau | 984 | 1969 | M40 | 57:03 | 51 | 244 | 342 |
| Bungartz, Renate | LG Pronsfeld-Lünebach | 1049 | 1962 | W45 | 57:05 | 33 | 99 | 343 |
| Zimmer, Anke | Ausdauerteam Morbach | 975 | 1967 | W40 | 57:14 | 27 | 100 | 344 |
| Zeller, Dorothea | LT Schweich | 306 | 1952 | W55 | 57:34 | 12 | 101 | 345 |
| Schulze, Monika | Treis-Karden | 167 | 1964 | W45 | 57:36 | 34 | 102 | 346 |
| Keßler, Egon | Geel Belgien | 835 | 1940 | M70 | 57:40 | 9 | 245 | 347 |
| Gysbers, Karin | Musikzug Hassum | 230 | 1959 | W50 | 57:47 | 23 | 103 | 348 |
| Krüger, Gabi | LC Wuppertal | 253 | 1963 | W45 | 57:49 | 35 | 104 | 349 |
| Minnich, Holger | Köln | 262 | 1969 | M40 | 57:57 | 52 | 246 | 350 |
| Weitz, Anni | ASC Rosellen-Neuss | 814 | 1948 | W60 | 58:15 | 6 | 105 | 351 |
| van Bommel, Linda | DJK Irrel | 175 | 1964 | W45 | 58:55 | 36 | 106 | 352 |
| Oster-Isleb, Monika | LT Untermosel | 809 | 1962 | W45 | 58:56 | 37 | 107 | 353 |
| Hähn, Ewald | LT Untermosel | 806 | 195 | M55 | 58:5 | 45 | 247 | 354 |

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| | | | 2 | | 6 | | | |
| Laux, Manfred | Ingelheim | 117 | 1956 | M55 | 59:16 | 46 | 248 | 355 |
| Oster, Daniela | Ürzig | 137 | 1968 | W40 | 59:25 | 28 | 108 | 356 |
| Clüsserath, Christiane | Lüxem | 35 | 1964 | W45 | 59:26 | 38 | 109 | 357 |
| Roeder, Walter | TV Bad Bergzabern | 148 | 1947 | M60 | 60:08 | 23 | 249 | 358 |
| Hierl, Monika | TSV Schackensleben | 240 | 1944 | W65 | 60:10 | 3 | 110 | 359 |
| Wartenberg, Bernd | LT TuS Mondorf | 772 | 1955 | M55 | 60:12 | 47 | 250 | 360 |
| Wünsche, Gabriele | Sieg begrüßt Mosel - Eitorf | 822 | 1968 | W40 | 60:20 | 29 | 111 | 361 |
| Ottersbach, Sylvia | Sieg begrüßt Mosel - Eitorf | 827 | 1957 | W50 | 60:21 | 24 | 112 | 362 |
| Behrens, Harald | Saarburg | 21 | 1956 | M55 | 60:27 | 48 | 251 | 363 |
| Brauer, Ernst | TV Bad Bergzabern | 318 | 1952 | M55 | 60:29 | 49 | 252 | 364 |
| Kühnel, Petra | Laufgruppe Landeskronen Görlitz | 1038 | 1956 | W55 | 60:58 | 13 | 113 | 365 |
| Fischer, Maria | SV Germania Dürwiß | 339 | 1951 | W60 | 61:00 | 7 | 114 | 366 |
| Fischer, Fritz | SV Germania Dürwiß | 335 | 1938 | M70 | 61:02 | 10 | 253 | 367 |
| Wartenberg, Gisela | LT TuS Mondorf | 773 | 1956 | W55 | 61:05 | 14 | 115 | 368 |
| Klas-Gundel, Rudolf | Spiridon Hochwald | 99 | 1941 | M70 | 61:09 | 11 | 254 | 369 |
| Zieglmeyer, Ilona-Rosemarie | VfL Bad Kreuznach | 194 | 1967 | W40 | 61:33 | 30 | 116 | 370 |
| Leidner, Anja | SG Zons | 452 | 1965 | W45 | 62:00 | 39 | 117 | 371 |
| Thünnessen, Michael | SG Zons | 450 | 1952 | M55 | 62:01 | 50 | 255 | 372 |
| Ernst, Susanne | LC Olympia Wiesbaden | 53 | 1962 | W45 | 62:25 | 40 | 118 | 373 |
| Kneib, Sonja | Kröv | 1111 | 1965 | W45 | 62:29 | 41 | 119 | 374 |
| Herkenrath, Frank | LG Hackengas- | 236 | 196 | M40 | 62:3 | 53 | 256 | 375 |

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| | Kreuzberg | | 9 | | 1 | | | |
| Hofstadt, Elke | SG Zons | 688 | 1962 | W45 | 62:37 | 42 | 120 | 376 |
| Hermes, Petra | SG Zons | 453 | 1960 | W50 | 62:38 | 25 | 121 | 377 |
| Ewert, Bettina | Neunkirchen-Seelscheid | 217 | 1962 | W45 | 63:12 | 43 | 122 | 378 |
| de la Fuente-Wörz, Dani | VfL Bad Kreuznach | 39 | 1969 | W40 | 63:47 | 31 | 123 | 379 |
| Ple, Andrea | LT Untermosel | 140 | 1959 | W50 | 64:33 | 26 | 124 | 380 |
| Hastenrath, Inge | Dauerlaufschule Köln | 783 | 1947 | W60 | 64:46 | 8 | 125 | 381 |
| Schmidt, Frank | Ingelheim | 163 | 1961 | M50 | 64:57 | 58 | 257 | 382 |
| Hoock, Bertram | Mainz | 732 | 1961 | M50 | 64:59 | 59 | 258 | 383 |
| Neumann, Dagmar | Trier | 266 | 1970 | W40 | 65:33 | 32 | 126 | 384 |
| de la Fuente, Carlos | VfL Bad Kreuznach | 38 | 1965 | M45 | 66:37 | 57 | 259 | 385 |